

# LAPBOOK SETS

Tailor-made book sets. Cross-curriculum extension & exploration of our most popular big books.

## DIVERSITY

A series exploring physical and mental differences as well as neurodiversity from empowering and inclusive perspectives.



- Autism Spectrum
- Dyslexia & Me
- Embracing Differences
- My Unique Brain (ADHD)

## BELONGING

In this book collection we explore belonging to ourselves, our cultures, teams and groups, communities and our world.



## BIG MACHINES

In the air, on the water, the farm, in construction and transport. Explore the past, present and future of big machines.



## REDUCE REUSE RECYCLE RETHINK

We believe in learning about sustainability in a way that feels empowering. We explore the five R's of sustainability with practical and inspirational information.



## MY COMMUNITY

Being part of our community is an important part of wellbeing. In this series we look at all aspects of our community, from life in the past to how to read a map.



## MY FAMILY

We explore family relationships; how to deal with change and conflict and how we might best communicate with and appreciate our families.



## MY FRIENDS

A series that includes practical information on how to make a friend, conflict resolution, managing emotions and being kind to yourself and others.



## MINDFULNESS & ME

Mindfulness is about developing skills to support mental clarity and emotional balance. In this book series we explore practical paths to living mindfully.



## MY WORLD OF EMOTIONS

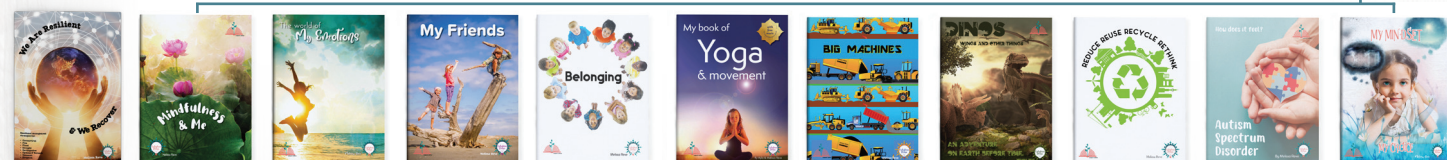
6 book special edition set exploring emotions of fear, shame, sadness, anger, boredom & happiness with positive psychology strategies.



## COMPACT EDITION

Smaller versions of our bestselling big books for student and parent use

SET OF 10



# ENLIGHTEN PRESS CATALOGUE

Love learning, empowered reading.

Early 2024

**It's a new year and a new curriculum.** Embark on an educational journey with our newest releases, designed for the evolving curriculum. Prioritizing learning dispositions and life skills lays the foundation for children's lifelong success, fostering resilience, curiosity, and social competence. Upgrade your teaching toolkit with these essential new resources.

## OUR BIG BOOK COLLECTION

<p><b>I AM CONFIDENT</b></p> <p>Confidence is a thinking skill that can be nurtured with a growth mindset. Focus on process over outcome or product, see challenges as opportunities and allow for mistakes as part of the journey. When children believe in their abilities, they are more likely to approach new challenges with enthusiasm and a willingness to learn.</p>	<p><b>I HAVE GRIT</b></p> <p>Cultivate grit, commitment, perseverance &amp; persistence. Face challenges with determination and bounce back from failures with newfound strength.</p>
<p><b>I WORK WITH OTHERS</b></p> <p>Working with others nurtures empathy &amp; effective communication skills, cultivating an innate capacity to comprehend diverse perspectives.</p>	<p><b>I AM CREATIVE</b></p> <p>Promote the learning disposition of creativity in children knowing that it is a thinking skill, rather than a special talent reserved for a select few.</p>
<p><b>I AM ZESTY</b></p> <p>Empower students to intentionally cultivate enthusiasm and to recognise its presence in both the brain and body.</p>	<p><b>MY BUBBLE MY CHOICE</b></p> <p>Discover the basics of consent in early childhood. Empower children to create healthy boundaries while fostering community and connection.</p>
<p><b>CYBER SAFARI</b></p> <p>Come on a cyber safari! With the guidance of trusty parents and teachers, children learn to navigate the digital wilderness.</p>	<p><b>CODING COOKIES</b></p> <p>Embark on an interactive, fun and tasty journey comparing coding to following a recipe. Learn the basics of coding concepts and develop a problem solving attitude.</p>
<p><b>I CAN MAKE A DIFFERENCE</b></p> <p>One small action can make a difference. Explore fundamental sustainability concepts that are easily actionable by children and students.</p>	<p><b>AWESOME ABILITIES</b></p> <p>Humans with all kinds of different abilities experience awesome ways of living in the world and overcoming challenges.</p>
<p><b>WHAT AM I REALLY SAYING?</b></p> <p>Our bodies tell the story of what we are thinking and feeling. Learn the keys to understanding others and decoding social cues for better relationships.</p>	<p><b>I CAN LISTEN</b></p> <p>Listening is a skill that is essential for relationships, education and general safety. Learn why listening is important and how to listen using our whole bodies!</p>
<p><b>I AM IMAGINATIVE</b></p> <p>Explore the transformative role of imaginative play in children, providing opportunities to explore, test and invent.</p>	<p><b>I AM CURIOUS</b></p> <p>Curiosity supports neuroplasticity, the brain's adaptability. Developing the curious mind reduces boredom, aids emotional regulation &amp; promotes lifelong learning.</p>
<p><b>THE POWER OF YET</b></p> <p>In this book we explore some common childhood milestones, witnessing how when we use this word, we reshape challenges into opportunities.</p>	<p><b>EMBRACING DIFFERENCES</b></p> <p>An empowering book to teach young readers how to foster genuine relationships with individuals with physical or neurological differences.</p>
<p><b>MY BIG BOOK OF GRATITUDE</b></p> <p>Using sweet animal photographs to bring the concepts of gratitude to life, we make the message of appreciation relatable and joyful.</p>	<p><b>DYSLEXIA &amp; ME</b></p> <p>This groundbreaking and empowering book shows the challenges and the benefits of having this unique learning difference.</p>
<p><b>ATTITUDE IS EVERYTHING</b></p> <p>Overcome adversity, embrace challenges and hard work. Developing learning skills and relate to others with a life-transforming positive attitude!</p>	<p><b>BELONGING IN MY CULTURE</b></p> <p>Explore what it means to belong in our cultures through food, dress, customs and religious or traditional celebrations.</p>
<p><b>I CAN MAKE UP</b></p> <p>Learn the friendship skills of empathy, conflict resolution, managing emotions and knowing how to be kind to yourself and others.</p>	<p><b>EMERGENCY VEHICLES TO THE RESCUE!</b></p> <p>Woop woop, weoooo! Need some help in an emergency? Our wheels will spin with urgency. Engines roar and wings take flight, we can reach you day or night!</p>
<p><b>I CAN LISTEN</b></p>	<p><b>I CAN LISTEN</b></p>

Follow us:

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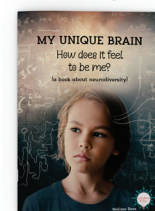


# BIG BOOKS

Giant & glossy.  
A3 sized for the  
shared reading  
experience

CURRICULUM AREAS			
Social & Emotional	Wellbeing	Cultural Competency	Languages
Science & Our World	Health	Free Music Download	Sustainability

## MY UNIQUE BRAIN - HOW DOES IT FEEL TO BE ME?



What are the challenges of having ADHD, and how might these challenges lead to our greatest strengths? Learn emotional regulation and positive self-talk.



## I CAN TAKE CARE OF MYSELF



Self-care is a fundamental skill essential to ensure positive outcomes for all. Promote independence and support school-readiness.



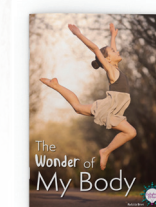
## MINDFULNESS & ME



Let's learn some everyday mindful practices and how to use our senses for presence, curiosity and focus.



## THE WONDER OF MY BODY



My body is capable of so many wonderful things! Let's find out the names for some of the parts of our body and the things they can do.



## MY COLOURS IN SPANISH



Learn the colours of the rainbow in English and Spanish as well as some words for everyday objects.



## MY FRIENDS



What is a friend? How can we be good friends by being kind to ourselves, taking turns and inviting others to play?



### RESPECT



Respect for others begins with respect for ourselves. Explore key elements of respect and consent from an age-appropriate and empowering perspective.



### EVERYDAY HEROES



What does it mean to be an everyday hero? Explore vocations and their values, celebrating the people who help us in our community.



### MY HEALTHY TEETH



Use positive interventions for oral health, to explain to children the reasons why we take care of ourselves and the power and potential of creating a healthy body.



### MY VALUES



My values come from my family, culture and my community. How are they formed and am I free to choose new values to create the kind of life that I want to live?



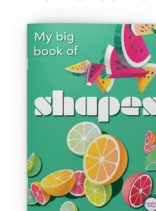
### MY FAMILY



What makes a family? Let's find out about the different kinds of families there are in the world.



### MY BIG BOOK OF SHAPES



Let's learn what makes a shape and learn to spot shapes in everyday situations.



### OUR AUSTRALIA



What makes us Australian? What are our histories? What different things do we like to learn, eat, play, practise and share?



### WHAT'S THE WEATHER?



Learn about the water cycle, how to read the clouds and how different kinds of weather are formed.



### CELEBRATIONS AROUND THE WORLD



Festivals and special days celebrate diversity, culture and belonging. Learn about celebrations by exploring their values and when they happen in the calendar year.



### I BELONG TO ME



What does it feel like to belong to myself, to own my thoughts and feelings and to be responsible for my physical wellbeing and personal safety?



### GIRLS CAN, BOYS CAN, WE CAN DO ANYTHING!



A cheeky rhyming extravaganza about gender roles. Delight children with empowering perspectives on what it means to live without limits.



### SIMPLE MACHINES



Simple machines are everywhere! In this book we learn to recognise simple machines and explore how they make work easier.



### WE PAINT THE WORLD WITH COLOUR



What makes our world beautiful is variety. In this book we use simple similes to express the beauty of diversity in all our friends.



### MY BIG BOOK OF OPPOSITES



In this book, we introduce the concept of opposites with simple, personalised language.



### JOURNEY INTO SPACE



Where do we belong in the universe? What can we achieve when we put our minds to it? Come with us on a journey into space!



### I AM AN INSECT



Explore the characteristics and life cycles of the most prolific and diverse class of animal in the world.



### WHY DO I FEEL..?



This book explores the reasons why we feel and what emotions feel like in our bodies. We label our emotions and learn strategies to feel better.



### HOW TO MAKE A NEW FRIEND



In this book we learn, step by step, the skills and techniques of making friends.



### MINIBEASTS MAKE THE WORLD GO ROUND



Let's make friends with insects and see how adorable, how important and how awe-inspiring they can be!



### MY BIG BOOK OF POSSIBILITIES



A lyrical book with stunning illustrations. Use it to nurture a growth mindset and develop a psychology of possibility.



### CREATURE FEATURES



This is a book about positive self-talk, related to children through the fascinating features of creatures.



### POWERWISE



Use this book to give children an appreciation of sustainability and how differently people use power all around the world.



### I AM AN AMPHIBIAN



What is an amphibian? In this book we explore the characteristics and life cycle of these amazing creatures.



### I AM A LIVING THING



What is a living thing? Let's explore the characteristics and needs we share as living creatures.



### AUTISM SPECTRUM: HOW DOES IT FEEL?



This is a book for young people to better relate to and appreciate their friends with Autism Spectrum Disorder.



### WE ARE RESILIENT & WE RECOVER



Create mental and emotional wellbeing by exploring the kindness, resilience and recovery of humans in all kinds of disasters.



### MY MINDSET, MY CHOICE



Develop a growth mindset by learning concepts such as neuroplasticity, the gift of uncertainty, failure and the power of choice.



### DINOS, WINGS & OTHER THINGS.



Big feet stomp in ancient forests, air filled with ferocious roars. Let's take a journey back in time, to explore the dinosaurs!



### BIG MACHINES



Vroom! Bang! Clunk! With giant wheels and huge loud engines, big machines are an exciting part of learning about how the world is constructed.



### ENERGY & SUSTAINABILITY



What is electricity and where does it come from? Let's learn all about energy sources and what we can do to help save energy.



### BEING



Explore our sense of being and the many ways that we can connect with ourselves and others in each moment.



### BECOMING



We explore all the ways in which we are becoming ourselves and the exciting choices we make every day in learning and growing up.



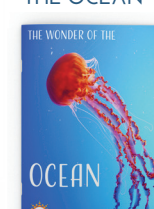
### PICNIC DAY!



It's picnic day! Come with us on a rhyming adventure in spatial awareness.



### THE WONDER OF THE OCEAN



This book is a celebration of the ocean, exploring how the ocean unites us as humans and connects us to the cycles of our Earth.



### I AM A MUSICIAN



Explore the importance of music as math, music history, communication, technology, career and community.



### PATTERNS IN NATURE



The beauty and mystery of patterns in nature captivates mathematicians, chemists, biologists, physicists and artists.



### AUSTRALIAN HABITATS



Let's discover all about Australia's natural habitats and the unique animals that live in them.



### DANCE AROUND THE WORLD



Find out how people all around the world use dance to express themselves and to celebrate the ceremonies and festivals of their cultures.



### REDUCE REUSE RECYCLE RETHINK



Learn about rubbish and how we can think differently about the rubbish we make every day.



### SEASONS OCEANIA



Seasons in our part of the world are unique. This book includes indigenous seasons of Oceania.



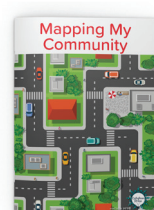
### WHATS IT MADE OF? MATERIALS



What kind of materials are there, where do they come from and how are they made?



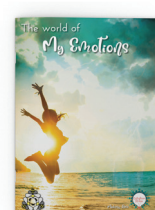
### MAPPING MY COMMUNITY



Let's go on a journey visiting some important places in our community on a neighbourhood map.



### THE WORLD OF MY EMOTIONS



This book is helpful for developing emotional skills and learning to recognise, express, understand and let go of our feelings.



### MY BIG BOOK OF YOGA & MOVEMENT



Go on an adventure of yoga & expressive movement to allow children to explore their feelings and their relationship with the world around them.



### BELONGING



A feeling of belonging is an important part of a child's sense of well-being and in this book we explore some of the ways we can belong.



### WATERWISE



Use this book to give children an appreciation of how differently people use water around the world.



### KIDS GO TO SCHOOL AROUND THE WORLD



All around the world, kids go to school. For some it's easy and for others it is harder. Look at all the different ways children go to school.



### KIDS GET ACTIVE



For our bodies to work properly and for us to be fit and healthy, we need to exercise regularly.

